

Discussion Group: Crop Diversity & Sustainable growing and grazing

Assets

- Maverick Farms CSA
- Farmers' Markets
- NROG
- Niche Markets
- Organic Growers' School

Barriers

- Coupling supply and demand and having a distribution network
- Providing affordable, healthy foods for everyone
- No infrastructure for storage, distribution, etc.

Questions

- What is sustainable farming?
- How do we educate about crop/animal diversity so that farmers can choose to grow/raise their choices successfully?

Techniques for sustainability

- Raised beds
- Cover crops
- Winter cropping
- Beneficials
- Cycling of nutrients
- Diversity of crops and animals

- Minimizing dependency on fossil fuel inputs
- Incorporating animals – work, food, fertilizer